

# Code of Conduct

# Workshops and Discussions

# By participating in this activity, you agree to the following:

# 1. Be open-minded

Listen to and acknowledge all points of view.

### 2. Be respectful

The purpose of this session is to discuss, not debate or argue. Be respectful of differing opinions, perspectives, identities, and experiences.

#### 3. Be accepting

Suspend judgment as best you can.

#### 4. Be curious

Seek to understand rather than persuade. Look to question your own assumptions and uncover new insights.

#### 5. Appreciate difference

Look for common ground and accept/appreciate that there will be times when there will be disagreements on some beliefs and opinions.

#### 6. Be authentic

Speak from your personal experience and share what resonates and is important to you. Appreciate and welcome that others are doing the same.

#### 7. Be brief

Be purposeful and brief when speaking. Be considerate to not dominate the conversation and allow all participants the chance to share.

## 8. Consider use of humour

Think twice before sharing a joke as to ensure that there is minimal to no chance that the joke could be misinterpreted, misunderstood, and possibly cause offense or discomfort among members of the group.

### 9. Avoid politics and other polarised topics

Please refrain from political banter and polarising comments (e.g. gender/sex) whenever possible as these sessions are open to all members of our community, and we would like to ensure all participants are comfortable and feel psychologically safe.